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OM yoga Women Cancer Survivors Teacher Training Application Instructions

Application Requirements

Applicants must complete the following 4 items. Items must be delivered in a sealed package. Incomplete applications will not be considered for acceptance.

- A. Completed application form.
- B. 2 current letters of recommendation
 - one from a yoga teacher
 - one from an employer or mentor (non-family)
- C. A recent photo of you alone (full body shot).
- D. \$75 deposit to be applied toward tuition if accepted and refunded if not accepted (less a \$25 fee for processing). This deposit must be in the form of a check or money order made payable to OM yoga and must be attached to the application.

Physical Requirements

All applicants must have a consistent yoga practice of at least two years. All applicants must be able to do urdhva dhanurasana, sirsasana (without support of the wall), adho mukha vrksasana and pincha mayurasana (with or without the wall).

Acceptance Notification

Applicants who have been accepted will be notified via e-mail. If you prefer to be notified by

phone, please state so clearly on your application. Accepted applicants **must confirm their acceptance immediately** via e-mail or telephone. If an accepted applicant fails to confirm by **6 days prior to program start date**, his/her space may be offered to another applicant.

Tuition Payments

Participants must pay their balance in full no later than **one week before the program start date**. Payment must be made by credit card, check, or money order payable to **OM yoga**.

Tuition Refunds

Refunds will be given for cancellations up to two weeks prior to the program, minus a \$25 processing fee. OM yoga credit only is given for cancellations at least seven (7) days prior to the program. No refunds, no credit if cancelled less than seven (7) days before the program. In the event that this Teacher Training is cancelled, a full credit or refund will be issued. OM yoga reserves the right to amend this policy at its sole discretion.

Deliver Application To

OM yoga - Teacher Training
Re: WCS Teacher Training Application
826 Broadway, 6th Floor
New York, NY 10003

Questions?

Contact Sarah Trelease, teachertraining@omyoga.com

! IMPORTANT DATES !

Applicants must visit **www.OMyoga.com** to view the following important dates for his/her chosen program.

2 weeks prior to program start date	Application Deadline
1 week prior to program start date	Participant acceptance confirmation and balance due



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Please provide the following information and answer questions 1-5 on a neatly typed page.

Name _____

Address _____

City State Zip _____

Home phone _____ Work phone _____

Mobile phone _____ E-mail address _____

Fax number _____ Date of birth _____

1. What is your background and experience with yoga? How many years you have been practicing yoga?
Please list in detail:

School/Style	Teacher(s)	Number of Years

2. What is your educational and professional background outside of yoga?

3. Why do you want to take this OM yoga teacher training?

4. Please describe any special medical concerns you have. Are you currently taking any medication?

5. Where do you currently practice yoga? If so, with whom/which style of yoga?

6. Are you a Cancer Survivor?